Impact of Job Stressors upon Health Staff Performances at Al Amara Hospitals

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ABSTRACT

Background: "Identify occupational stress which lead to physical and emotional responses, Thus, it effects on the job performance of the health staff."

Objectives: The study aimed to assess job stressors, assess health staff performance, and identify the relationships between job stressors and health staff performance.

Materials and Method: A descriptive study design was conducted. The study consisted of (3) parts: First part: Sociodemographic characteristics (age, gender, Level of Education, Years of Experience); Second part: involved of (15) items about the level of Job Stressors; Three part: consisted of (15) items to assess of health staff Performance in Al Amara Hospitals.

Results: The findings of the current study revealed that there is correlation found in Job Stressors with regard to health staff Performances, that means there are impact of Job Stressors upon health staff Performances.

Conclusion: The findings of the current study concluded that the sample have moderate level of job stress; have high level of performances, and there is a significant difference in health staff Performances with regarded to their sociodemographic characteristics.

Keywords: Impact, Job Stressors, Health Staff, Performance

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